

Transcript

The Travel Project, powered by Contiki | Intro

00:00:00 - 00:00:04

[Video: *A large group of people run into open water*]

Voiceover >> Today we exist in a world of change.

00:00:04 - 00:00:08

[Animation: *The screen is split into three sections.*]

[Video: *The first section shows the speaker talking to the camera. The second section shows a picture of Spain. The third shows a selfie the speaker took at a beach.*

The man is then seen looking out a window]

Michael >> Spain so far and especially Barcelona, has been really incredible when it comes to the treatment of LGBT people.

00:00:08 - 00:00:23

[Video: *A person walking through a forest is shown. We then see a scene of a beach.*

Various shots of Iceland are shown including the speaker swimming and in gear to go exploring.]

Voiceover >> You can choose to keep your eyes closed, your mind narrow, or you can go out into the world and see this change happening for yourself.

Alli >> It gave me hope to think about the fact that a place like Iceland is this progressive on things like equality for women. We're taking the right steps.

00:00:23 - 00:00:45

[Video: *A variety of shots showing people experiencing different destinations around the world is seen.*

A variety of shots showing Croatia's beautiful scenery and culture are shown.]

[Text on Screen: *Croatia Emily St. John, Journalist for MTV*]

Voiceover >> Travel is the catalyst for change, both within the world and within you.

Emily >> It's easy to forget in a country like Croatia, famous for festivals and beautiful holidays that just over 20 years ago, this place was a war zone. Croatia left a mark on

me that I'll carry with me for the rest of my life.

00:00:45 - 00:01:02

[Animation: *The screen splits into a variety of squares*]

[Video: *Michael is seen talking to the camera in a busy Spain town with the other squares filled with shots of other adventures he had in Spain.*

The video changes to full screen and continue to show Michaels adventures including beautiful scenery, music, food and the Mediterranean Sea]

[Text on Screen: *Spain by Michael Rizzi, YouTuber*]

Michael >>I needed to travel in Spain, one of the most LGBTQ friendly countries in the world. Once I touch the Mediterranean the first time in like 12 years. I do think I'm a changed person because of travel. Travel connects us to one another and helps us to become more rounded human beings.

00:01:02 - 00:01:16

[Video: *Ali is seen entering a hot spring.*

We continue to see a variety of shots showing the many adventures Alli has in Iceland including beautiful scenery, riding horses, icy waterfalls, walking on an iced over river]

[Text on Screen: *Iceland, by Alli Speed YouTuber*]

Alli >> For me, travel is the way that I connect everything I've ever read or seen or learned on my own to the real thing in the real world.

00:01:16 - 00:01:27

[Video: *A variety of scenic shots of Norway are shown.*

We also see Ginny's adventure including hiking, playing cards, swimming and relaxing with her travel companions.]

[Text on Screen: *Norway by Ginny Copestake, Editor of six-two*]

Ginny >> I didn't discover the secret to happiness. I did learn is how important our connection to the outdoors is. And our healthy work-life balance is intrinsically linked to happiness.

00:01:27 - 00:01:37

[Video: *Chandra is seen on a boat, cycling, on a gondola and sharing meals with friends. She is then seen at the Eiffel Tower.*]

[Text on Screen: *Europe Chandra, Contiki traveller from Australia*]

Chandra >> I just think it's good for the soul to describe to get out of your, like the space that you're used to and just like experience something different. I think it's really like reinvigorating.

00:01:37 - 00:01:53

[Video: *A slow motion video shows a man doing a backflip off a cliff into a body of water. A variety of shots show musicians performing, friends laughing, relaxing and having fun.*]

Voiceover >> Change is inevitable, but what isn't inevitable is how you choose to handle it. You can choose to see the people championing new ways of thinking. You can choose to see the boundaries being pushed. You can choose to be a part of the story.

[Animation: *The "The Travel Project" logo is shown*]

[Text on Screen: *Stories behind how travel creates better humans.*]